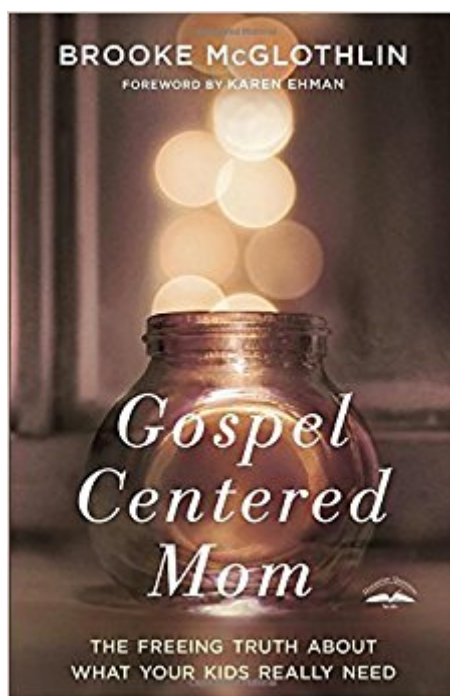


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# Gospel-Centered Mom: The Freeing Truth About What Your Kids Really Need



## Synopsis

It's Time to Stop Trying to Be the Perfect Mom You long to be the mom your kids need, but often you're convinced you come up short. The label "not enough" seems to be stamped across everything you do and yet parenting is the one thing you want most to get right. What if the solution is simply to embrace the truth that you are not enough but God is? In *Gospel-Centered Mom* Brooke McGlothlin reveals how our entire approach to motherhood shifts when we stop chasing our vision of a perfect family and start full-out pursuing God. With refreshing candor, Brooke examines the daunting task of raising children in the light of God's Word and challenges you to: embrace your moment-by-moment need for Jesus release the stress of believing everything is your responsibility learn to fight for rather than against your child believe that the story God is writing with your life is worth the sacrifice practice the daily disciplines that lead to Gospel-centered parenting As you learn to anchor your life in the Gospel, you'll find increased freedom, purpose, and joy in motherhood. And you'll discover that Jesus is more than capable of meeting every need, for your children and for you.

## Book Information

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## Customer Reviews

Brooke McGlothlin doesn't gloss over the hard truths of motherhood or provide quick fixes for our parenting failures. Instead she offers something much more meaningful. Brooke walks us right through the hard truths of motherhood so that we will more deeply treasure the beautiful truth of the Gospel and, as a result, be transformed into Gospel-centered moms. "Jeannie Cunnion, author of *Mom Set Free* "Gospel-Centered Mom is a must-read for every Christian mom who

constantly doubts that she is succeeding at motherhood. Brooke cuts right to the heart of what most moms wrestle with day-to-day, and she invites readers in like old friends engaging in an honest conversation with a cup of coffee in one hand and a Bible in the other. This book is chock full of applicable Bible verses and heartfelt stories that meet moms right where they are and gracefully unpacks both the hard truths and beautiful truths that moms need to accept and embrace. This book eased my mama heart, encouraged me to be a stronger advocate for my children, and taught me practical ways to keep God at the center of my parenting and daily life. • Ashley Willis, coauthor of *7 Days to a Stronger Marriage* "We've watched this message beautifully played out in Brooke's life long before she wrote these words on the page. She isn't saying these things because they are popular; she is saying them because they are true. Brooke is the perfect person to remind us that being a Gospel-centered mom drives us every day to our true source of strength: Jesus. I believe this book will bring a message of freedom and hope to moms everywhere. •

• Stacey Thacker, author of *Fresh Out of Amazing* "Brooke's warmth and authenticity draw you into each story she shares. Through her honesty you connect with her. Her struggles are your struggles. But she's not throwing a pity party about the trials of motherhood. In *Gospel-Centered Mom*, Brooke challenges her readers to embrace their insufficiencies and accept Jesus' enough-ness. She argues against striving and offers rest in Him. Motherhood isn't for wimps. Brooke's book is a dare "a dare to keep the Gospel at the center instead of our kids or ourselves. • Rachael Carman, homeschool mother of seven, [RachaelCarman.com](http://RachaelCarman.com) "As moms we often look at the lives of our children and wonder, Are we doing this thing called motherhood right? In *Gospel-Centered Mom*, Brooke McGlothlin, using the truth of God's Word, reconfigures the definition of who and what we are to be. When we direct our energy and focus on Christ first, our roles as mothers flow from that place of fullness "a redirection we all need. • Lynn Cowell, Proverbs 31 Ministries speaker and author of *Brave Beauty* "This book is like a compass for moms, offering practical direction as we journey forward in faith, trusting and living from the truth of God's Word, not getting lost in our fading feelings, passing circumstances, or moments of struggle. With vulnerable stories, Brooke echoed my fears and feelings of inadequacy in motherhood and pointed my heart back to the fundamental truth that I will indeed never be adequate, but God always is "and He is with me. • Francie Winslow, author and speaker "Mothering is not a spectator sport. It's messy, filled with stories of failure and loss, faith and hope, mistakes and triumphs. Brooke McGlothlin's *Gospel-Centered Mom* is a revelation for every woman who's convinced she's not enough for the job. We will never be smart enough, godly enough, or patient enough "because we're not meant to be. Our lack

reveals our need, and Brooke writes honestly about the hard and beautiful truths of motherhood. She gives practical teaching and conveys deep theological concepts in an easy-to-comprehend manner. If the calling of motherhood has left you feeling empty, this beautiful book is guaranteed to fill you up and give you hope.

• "Kate Battistelli, author of *Growing Great Kids* and mother of Grammy award-winning artist Francesca Battistelli

• "Motherhood has been so much harder than I ever imagined. Reading Brooke's words helped me realize I'm not the only one to feel that way. Her message of moving past me and always toward Jesus and His Good News is exactly what I need as I navigate life as a mom. I'm grateful for the truth I was reminded of in *Gospel-Centered Mom*: the hope of the Gospel is enough for me, for my children, for all of us.

• "Erin Mohring, cofounder of the MOB Society and Raising Boys Ministries and writer at [HomeWithTheBoys.net](http://HomeWithTheBoys.net)

• "Brooke's honest, transparent approach to Gospel-centered parenting is incredibly refreshing. Moms need to hear the truth even when it hurts, and Brooke is the perfect person to deliver it as she shares humbly from her own experience raising hard-to-handle boys. I am grateful for Brooke's obedience in sharing what we need to hear over what we want to hear. After reading *Gospel-Centered Mom*, I feel like I just finished a much-needed coffee date with a precious friend.

• "Monica Swanson, author and writer at [MonicaSwanson.com](http://MonicaSwanson.com)

• "If you're looking for answers about how to be a perfect parent, this book is not the one you're looking for. But if you want to know more about how God uses parenting to do the deep soul-level work of changing you, *Gospel-Centered Mom* can help. Giving keen attention to what's happening inside us as mothers, Brooke unfolds God's greater plan to parent us in the midst of our parenting. Down to earth and practical, this book will help you connect Sunday truth to the rest of your busy, busy week.

• "Hannah Anderson, author of *Humble Roots*

• "I feel like Brooke McGlothlin is a kindred spirit I have yet to meet. She's been doing for mothers of boys through the MOB Society what I've been seeking to do for mothers of girls through *Secret Keeper Girl*. You'll find a dozen ways that this book re-anchors your parenting to God's Word. She brings the practical theology of the Scriptures alive!

• "Dannah Gresh, best-selling author and creator of *Secret Keeper Girl*

Brooke McGlothlin is cofounder and president of Raising Boys Ministries and The MOB (Mothers of Boys) Society, an online community for BoyMoms. The author of several books and resources for mothers, her words of encouragement and inspiration have been featured on LifeWay's ParentLife blog, the Proverbs 31 Devotional Site, and Ann Voskamp's *A Holy Experience*. Brooke lives in the mountains of southwest Virginia with her husband and their two sons.

If you've struggled with feeling like you're failing as a mom, you don't measure up, you've read all the books and heard all the talks about "how to win with your kids" but it doesn't seem to be working -- you will find REFRESHMENT through this book! Brooke McGlothlin spells out a Gospel truth I hadn't recognized before -- you and I are not enough! Only Jesus is enough! We weren't made to be enough -- we were \*made\* to need Him! It takes all the pressure off us needing to "perform." I wish I had read this book 10 years ago! I have long struggled with feelings of failure and inadequacy. But God's been bringing me on a journey, showing me His grace and His good plans! -- and this book is helping pound nails into the coffin which contains the title "loser mom" inside it!

This book blew my mind! From the truth that I will never be 'enough' (because Jesus is all the enough I need) to how I have unknowingly twisted the Gospel to be about ME instead of about Jesus, I am changed by the message of Gospel Centered Mom. In my opinion, this is a MUST read for all Christians....not just moms!!!

It's a wonderful helpful book.

In Gospel Centered Mom, Brooke reminds her readers that by taking God at his word, every day can be an opportunity to grow deeper in love with Him. I need this truth so much. Every day is not about getting homeschool done, or laundry finished, or making it to bed time. It is about growing deeper in love with my Savior. When I am focused on my circumstances, I wonder if God is with me on my messy, hard days. I need to remember that God can use my hard, messy days to glorify Him, if I fix my eyes on Him. In the last chapter, Brooke reminds us that we need to, "Be diligent. Pray hard. Study God's word, and let it bring you life." I wonder how many times, do I look for an easier way to walk this motherhood journey. There is no easy way to be a Gospel Centered Mom. Brooke states, "The best way we can be the mom our kids really need is to focus our attention on following hard after Jesus." I would recommend Gospel Centered Mom to any mom who needs to be reminded of her purpose. According to the Westminster Catechism, "Man's chief end is to glorify God, and to enjoy him forever." As a mom, I want that to be my goal also, and in Gospel Centered Mom, Brooke shares scripture and encouragement that reminds moms to keep their focus on God, even on the hardest days of motherhood. I am so thankful that I do have to be enough for my children, and that God's grace is enough for my children and me. It is so amazing to realize that He can use my flaws and failures to bring Him glory

as I live my life surrendered to Him

I have been going through a dry season in my walk with the Lord. I don't know if I thought I was too busy for prayer or too self-absorbed, but my prayers have been of the SOS variety "one-line pleas for help and not much more. Brooke McLothlin is a writer that I have been following for several years now " you might know her as one of the co-founders of The MOB Society. (If you are not yet familiar with that site and are a momma to boys, I highly recommend it!) I found out that she was launching a new book called "Gospel Centered Mom". Between digging into this book and opening my Bible back up, I have felt God drawing me nearer to Him. My prayer time has been so much richer, and even my Pastor's sermon last Sunday seemed to touch on points both that I've read in the book as well as in my personal Bible time. (Totally a God-thing. I love when he does that!) One thing that is really standing out to me in this book is living the Me-gospel vs. the True Gospel. In particular, this quote: "There's really no place in the Bible that tells us to focus on our own desires, wants, dreams, or needs. The goal is always, only, and supremely to give up ourselves for the sake of Christ." (Page 42) In the past, I would read the Bible or do a Bible Study and be asking how what I was reading applied to me. More recently, I have been learning to study my Bible and ask what the Bible tells me about God. Yet this topic of the Me-gospel still struck home. This book is filled with relatable stories (particularly for those moms raising kids that are high energy!), Biblical truths and specific Scriptures to guide you in living a Gospel-centered life.

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